**7th Grade Remote Learning Plan Dates:** May 4-May 8, Week 5

**Remote Learning will only improve a student’s academic standing.** While students are expected to complete assignments, grades will be counted ONLY if they improve a student’s grade and will NOT negatively impact any student’s academic standing.

**Complete the assignments at your own pace in whatever way meets the needs of your family. The daily assignments are just the suggested pacing for the week.** Remote Learning assignments can be competed via the online platforms teachers have provided, or via a packet which can be picked up Monday through Thursday at school (2-6:00 pm).

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|  | **Online times when teachers are available to answer student questions *live*.** | **Teacher office hours for parents.** |
| **ELA:** Mrs. Fakhoury  Email: [sfakhoury@alainlocke.org](mailto:sfakhoury@alainlocke.org)  **Science**: Mrs. Payton  Email: [kpayton@alainlocke.org](mailto:kpayton@alainlocke.org)  **Math:** Ms. Duncan  Email: [dduncan@alainlocke.org](mailto:dduncan@alainlocke.org)  **Social Studies:** Ms. Baran  Email: [pbaran@alainlocke.org](mailto:pbaran@alainlocke.org) | **Mornings: 9:00-12:00** on Edmodo chat | **Parents can email and get a quick response any time between 12:00 and 1:00 pm.**  Feel free to email after or before and the teacher will get back to you by the next day. |

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| ELA:  All articles and writing assignments are located in your personal NEWSELA account.  Access the link to your Newsela account and attached files  using your Edmodo ELA account. | Watch this Video:  <https://drive.google.com/file/d/1jSM5lmNEM7G1xISGM-U6EhgU8tSt3li-/view>  Log in to NEWSELA.  Find “The Effects of Technology Text Set”  1)Read “Don’t remember sending that text? Maybe You Were Sleep Texting”  As you read, **HIGHLIGHT** details that relate to the title of the article.  \_\_\_Complete the Quiz.  \_\_\_Complete the WRITE question.  \*Submit on Newsela.com\* | Log in to NEWSELA.  Find “The Effects of Technology Text Set”  Listen: Recording on EDMODO  1)Read “More People are using Critical Thinking Skills before Sharing News”  As you read, **HIGHLIGHT** details that relate to the title of the article.  \_\_\_Complete the Quiz.  \_\_\_Complete the WRITE question.  \*Submit on Newsela.com\* | Log in to NEWSELA.  Find “The Effects of Technology Text Set”  1)Read “Opinion: Teens are More Anxious than Ever. Is Social Media to Blame?”  As you read, **HIGHLIGHT** details that relate to the title of the article.  \_\_\_Complete the Quiz.  \_\_\_Complete the WRITE question.  \*Submit on Newsela.com\* | Log in to NEWSELA.  Find “The Effects of Technology Text Set”  Listen: Recording on Edmodo  1)Read “Student Opinion: Are Young People Too Reliant on the Internet?”  As you read, **HIGHLIGHT** details that relate to the title of the article.  \_\_\_Complete the Quiz.  \_\_\_Complete the WRITE question.  \*Submit on Newsela.com\* | Log in to NEWSELA.  Find “The Effects of Technology Text Set”  1)Read “Parent May Fret but Even Experts Say Social Media Use has its Benefits”  As you read, **HIGHLIGHT** details that relate to the title of the article.  \_\_\_Complete the Quiz.  \_\_\_Complete the WRITE question.  \*Submit on Newsela.com\* |
| Science  **NOTE:** Articles, videos, and assignments are on Edmodo  **Class code**: t6r58y | Heart Rate Experiment Day 1  **Record**: Before you begin your trials record your resting heart rate  **DO**: Complete 5 trials of jumping jacks. For each trial do 25 jumping jacks  **Record**: After each trial record your heart rate. Rest for 1 minute in between each trial. Repeat until you have completed 5 trials and a total of 100 jumping jacks  **Summarize:** Complete a summary of your trial- What do you notice about your heart rate before and after your exercise. Did your heart rate change during your trials? Why did/didn’t it happen? | Heart Rate Experiment Day 2  **Record**: Before you begin your trials record your resting heart rate  **DO**: Complete 5 trials of sit ups. For each trial do 25 sit ups  **Record**: After each trial record your heart rate. Rest for 1 minute in between each trial. Repeat until you have completed 5 trials and a total of 100 sit ups  **Summarize** Complete a summary of your trial- What do you notice about your heart rate before and after your exercise. Did your heart rate change during your trials? Why did/didn’t it happen? | Heart Rate Experiment Day 3  **Record**: Before you begin your trials record your resting heart rate  **DO**: Complete 5 trials of squats. For each trial do 25 squats  **Record**: After each trial record your heart rate. Rest for 1 minute in between each trial. Repeat until you have completed 5 trials and a total of 100 jumping jacks  **Summarize:** Complete a summary of your trial- What do you notice about your heart rate before and after your exercise. Did your heart rate change during your trials? Why did/didn’t it happen? | Heart Rate Experiment Day 4  **Record**: Before you begin your trials record your resting heart rate  **DO**: Complete 5 trials of mountain climbers. For each trial do 25 mountain climbers  **Record**: After each trial record your heart rate. Rest for 1 minute in between each trial. Repeat until you have completed 5 trials and a total of 100 mountain climbers  **Summarize:** Complete a summary of your trial- What do you notice about your heart rate before and after your exercise. Did your heart rate change during your trials? Why did/didn’t it happen? | Heart Rate Experiment Day 5  **Record**: Before you begin your trials record your resting heart rate  **DO**: Complete 5 trials of hip raises. For each trial do 25 hip raises  **Record**: After each trial record your heart rate. Rest for 1 minute in between each trial. Repeat until you have completed 5 trials and a total of 100 hip raises  **Begin writing the science of exercise paper**  **\*\*\*Exercise Paper: DUE Monday May 11th** |
| Math  All math assignments can be found on Freckle, IXL, and Edmodo.  7th Class Codes  302 – 4vqq5d  304 – km9t77  If you need extra assistance you can ask questions on Edmodo chat. | Assignment #14  Ratios & Proportions - Multi-Step Ratio and Percent Problems | IXL  Complete L.3 your smart score must be 85!  Zoom Lesson @noon | Concept of the day Edmodo | IXL  Complete L.4 your smart score must be 85! | Take quiz uploaded to Edmodo |
| Social Studies  All Articles and skill sheets  are uploaded on edmodo  and accessible on  <https://digital.scholastic.com>  Class code is: kindbus10 | Read: Technology od WWI  1.Read the text  2.Complete the text dependent questions | Read: Treaty of Versailles  1.Read the 6 station cards about the Treaty of Versailles  2.Complete the stations graphic organizer by answering the questions | Read: Propaganda of WWI  1.Read the text  2.Review the propaganda images  3.Complete the questions and graph | Read: Zimmermann Telegram and Sinking of the Lusitania  1.Read the text  2. Complete the text dependent questions | Read: Starving for Suffrage  1.Read the text  2.Complete the text questions |